

12-2017

Finding the Needs for Filipino Seniors in Salinas

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Finding the Needs of Filipino Seniors in Salinas



Courtesy of the Filipino Community Center (2017)

Delna Fenton
Capstone
Project
CHHS, CSUMB
December 14, 2017



Philippine Island National
Flower:
Sampaguita



Overview Finding Needs of Filipino Seniors in Salinas

- Internship
- Problem Statement
- Capstone Project
- Implementation Methods
- Results
- Outcomes
- Strengths/Challenges
- Conclusions
- Acknowledgements

Internship

Alliance on Aging

MISSION

As a community leader and advocate, the Alliance on Aging provides services and resources that address the challenges and



1970

Problem Statement

Lost in the Asian category and ignored as a cultural group, Filipino seniors and the Filipino community have typically been underserved.



Filipino “Sakado”
immigrant

Pinoy, Manoang

M.Palacpac (1912-1984)



Courtesy of the Filipino Community Center (2017)

**Filipino Soldiers of WWII and medical
detachment-Recessional Act of 1946**



Nucum, J (2015)

United Farm Workers:
Larry Itliong (left) Phillip Cruz
right)

Forgotten Filipinos who lead a
farmworkers revolution (NPR 2015)

Capstone Project

Initial Concept:
Mirroring Alliance on Aging
Strengthening Wellness
Program



Antonio 2016

Final Concept:
Needs survey
77 Participants
13 questions-12 multiple
choice and 1 open-ended



Filipino Seniors (2017)

Implementation



Filipino Women's Club of Salinas



THE FILIPINO COMMUNITY OF
SALINAS VALLEY

Contact

Gatekeepers

Officials

Meetings

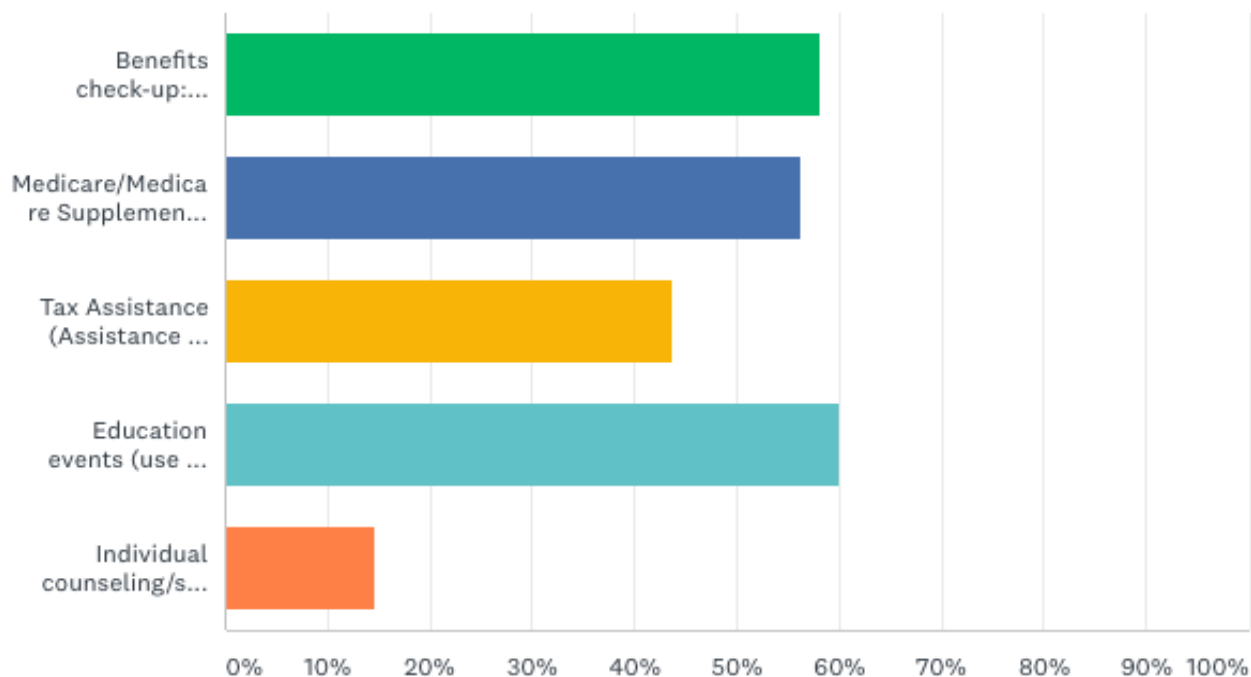
Collaboration



THE LAOAGUENIANS OF
MONTEREY COUNTY

Question: Would you be interested in the following?

Results

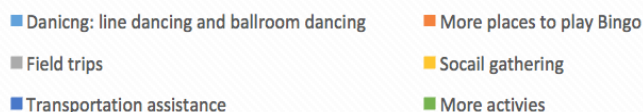
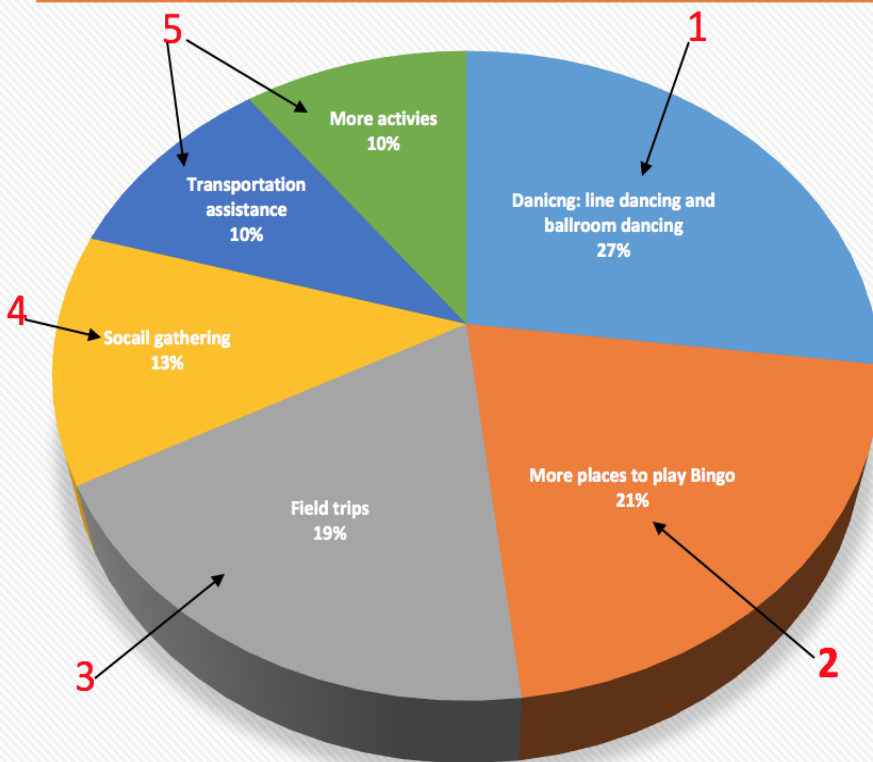


| ANSWER CHOICES | RESPONSES | |
|-----------------------------------------------------------------------------------------------------------|-----------|----|
| Benefits check-up: Access to food/utilities discount/discount cell phone/taxi vouchers | 58.18% | 32 |
| Medicare/Medicare Supplement Insurance | 56.36% | 31 |
| Tax Assistance (Assistance in State & Federal Tax Preparation) | 43.64% | 24 |
| Education events (use of computers, nutrition, anxiety, depression, mental & health issues and referrals) | 60.00% | 33 |
| Individual counseling/support (Confidential) | 14.55% | 8 |

Results

Top 5 Answers:

Question- Are there any other needs(s) for a Filipino senior that was not addressed?



Top 5

1. Dancing: line dancing and ballroom dancing 37%
1. Places to play Bingo 29%
2. Field trips 26%
3. Social gatherings 17%
4. Transportation Assistance
- More activities 14%

Outcomes



Imus, Cavite, Philippines (2014)

Outcomes

- Gain insight into the needs of Filipino seniors
- Increase access to programs to support senior

Strengths/Challenges

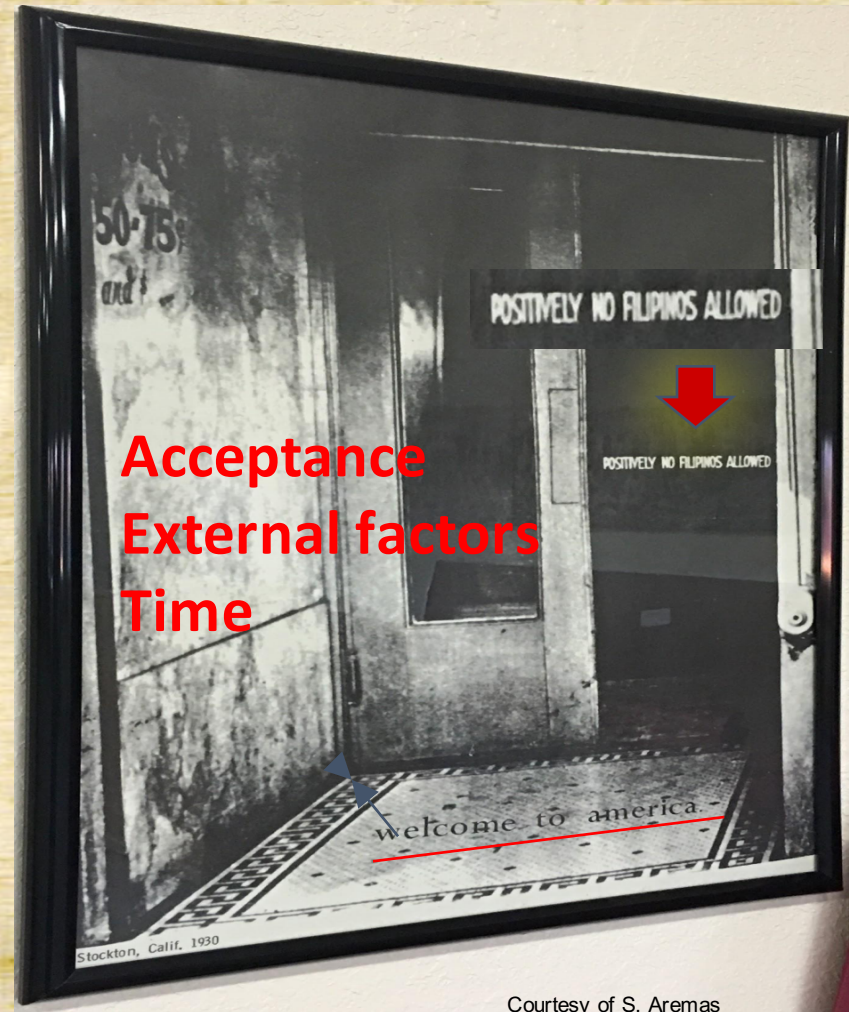
Building relationships

Broadening knowledge of my
heritage

Enhanced Professional
Communication



Philippine Reporter, 2016



Acceptance
External factors
Time

Courtesy of S. Aremas

Philippines Reporter (2016)

Conclusion

Request for more
resources and services
Advocacy and guidance

Lessons Learned:

Trust is an important to be
accepted

More research is needed



Recommendations to Alliance on Aging



Shutterstock (2003-2017)

- Advocate for resources
- Increase access and referrals
- Increase the pipeline to Filipino Community

Acknowledgements



Flowermeaing (2017)

- Alliance On Aging and mentor-Natalia Molina
- The Filipino Organizations
 - Filipino Women in Salinas of Monterey County
 - Lauoagians of Monterey County
 - Filipino Hall and Senior Luncheon
 - Line dancers
 - Gatekeepers
- Professor Alicia Hernandez-Sanchez, Cohort, and CHHS faculty and staff
- Family & Friends

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**Maraming
Salamat.
Thank you very
much.**

Questions
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December 14, 2017